



New Non-fiction Books  
Autumn-Winter 2025



# The Heartbeat of the Year

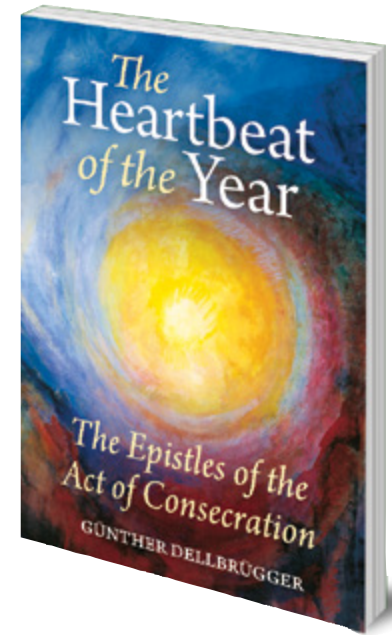
The Epistles of the Act of Consecration

GÜNTHER DELLBRÜGGER

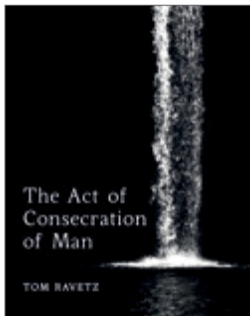
A fresh perspective on the epistles that help readers attune to the delicate changes as they progress throughout the year

- A unique and important book which brings together the prayers shared at the beginning and end of a communion service of The Christian Community
- Draws on the Bible, poetry and examples from real life to offer new viewpoints on the epistles to help increase readers' understanding of their meaning
- Includes pertinent contemplations by Christian Community founder Rudolf Frieling on the context of the epistles' origins

Günther Dellbrügger was born in Soest, Germany. He studied Slavic languages, philosophy and history and was ordained as a Christian Community priest in 1978. In 1990, Dellbrügger became co-director of the priest training seminary in Stuttgart. Now retired, he lives in Wesselburen, Germany.



## More books for The Christian Community:



Subject: Christian Spirituality  
(Thema: QRVJ1/QRYS5)

978-178250-966-0

234 x 156 mm

224pp

paperback

£20.00

23 October 2025



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# The Human Soul

Mysteries and Complexities of the Psyche

KARL KÖNIG

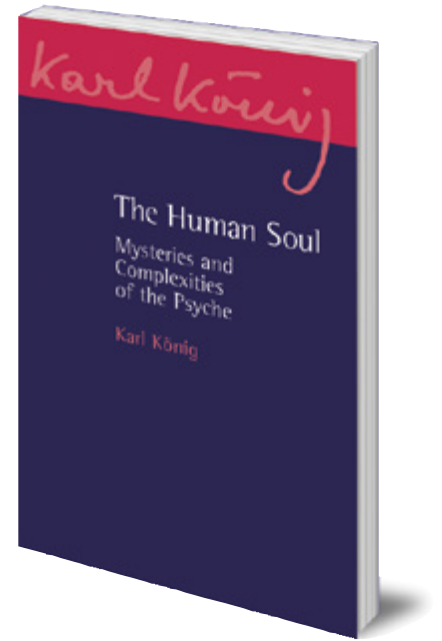
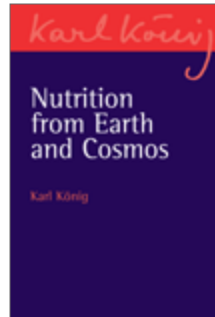
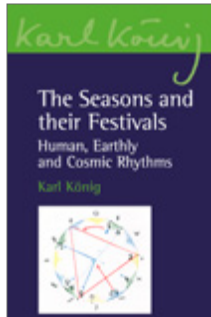
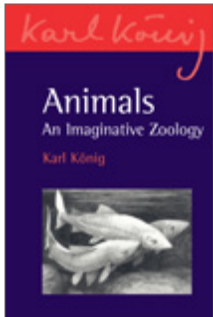
An insightful examination of the different traits of the human soul

- Explores a variety of human experiences such as anger, pain, anxiety and shame
- This updated edition includes previously unpublished lectures by Karl König on psychology and the human soul
- Volume 24 in the Karl König Archive

Karl König (1902-66) was well-known as a physician, author and lecturer. He began his work at the Institute of Embryology at the University of Vienna. In 1940 he founded the Camphill Movement, in Scotland, based on the educational ideas of Rudolf Steiner.

More about Karl König

More from the Karl König Archive:



Subject: Mind, Body, Spirit  
(Thema: JMT/QRYC5/VSP)

978-178250-965-3

216 x 138 mm

224pp

paperback

£20.00

21 August 2025



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# The Calendar of the Soul

An Inner Journey through the Year

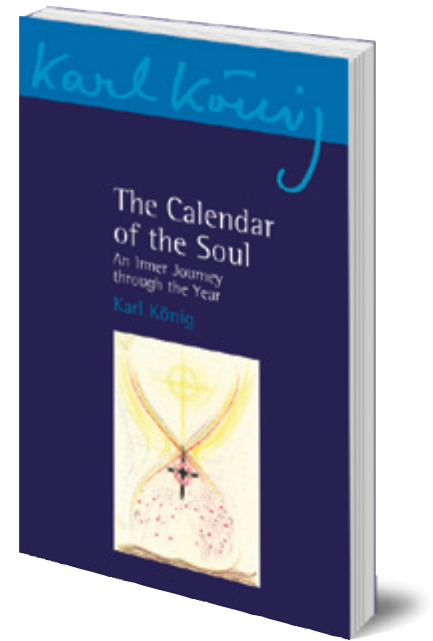
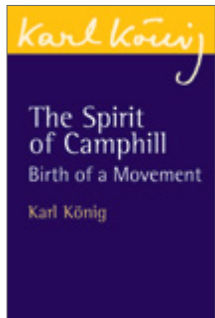
KARL KÖNIG

A combined edition of *The Calendar of the Soul* and *An Inner Journey Through the Year*, bringing together Karl König's inspiring commentary and full-colour drawings

- A detailed commentary on Rudolf Steiner's *Calendar of the Soul* which shares the wisdom of the verses across the course of the year
- Features 52 full-colour artistic sketches, offering a fresh way to experience each step on the meditative path
- This combined edition brings together Volumes 6 and 7 in the Karl König archive

Karl König (1902-66) was well-known as a physician, author and lecturer. He began his work at the Institute of Embryology at the University of Vienna. In 1940 he founded the Camphill Movement, in Scotland, based on the educational ideas of Rudolf Steiner.

More from the Karl König Archive:



Subject: Mind, Body, Spirit  
(Thema: QRM/QRVK/QRYS5)

978-178250-975-2

72 colour illustrations

216 x 138 mm

512pp

paperback

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10 July 2025



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# The Maria Thun Biodynamic Calendar 2026

TITIA AND FRIEDRICH THUN

The original biodynamic sowing and harvesting calendar,  
trusted by generations of farmers and gardeners

- Reveals the optimum days for sowing, pruning and harvesting plants and crops
- Lifetime sales of over 150,000 copies
- Presented in colour with clear explanations and a pullout wallchart
- Features detailed planting schedules, information panels and space devoted to thorough explanations
- Printed on recycled FSC paper using plant-based inks, which reduces chemical emissions and makes this calendar easier to recycle
- The layflat spine makes it easy to consult the calendar, keep your place and make notes

Maria Thun (1922–2012) was a biodynamic pioneer who worked in the field for almost fifty years. Titia and Friedrich are Maria's grandchildren. Having been involved in calculating data and writing for *The Maria Thun Biodynamic Calendar* for a number of years, they took over the creation of the calendar and the management of the family farm from their late father, Matthias in 2020.

Discover the Biodynamic  
Gardening Calendar app

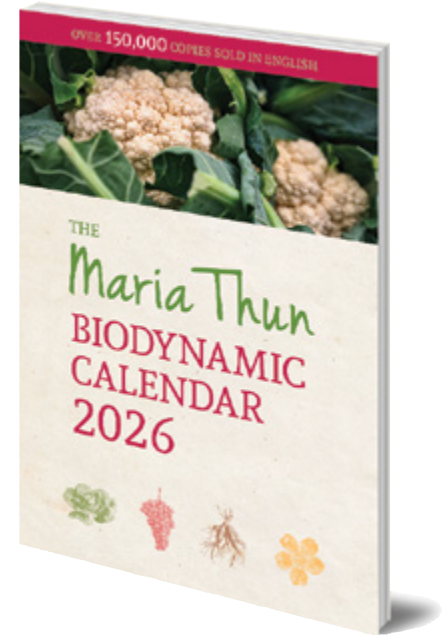


Based on the Maria Thun  
Biodynamic Calendar!

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edition also  
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Subject: Organics and Biodynamics

(Thema: TVF/GBCY/WMQF)

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colour charts and illustrations

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# The Stargazers' Almanac 2026

An Illustrated Month-at-a-Glance Guide to the Night Sky

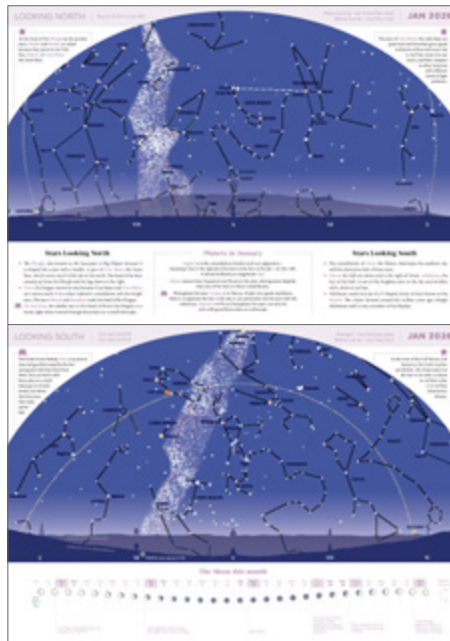
CALLUM POTTER

Navigate the night skies with this beautifully illustrated monthly guide to the stars and planets

- **New and improved design** for 2026 – features a clear, easy-to-view layout and a helpful introduction to using the Almanac
- Designed for naked-eye astronomy – **no telescope required!**
- Shows how to **track the planets, locate the Milky Way**, spot the constellations of the zodiac and much more
- **Perfect for beginners** and older children – includes helpful advice throughout
- Easy to hang and presented in a sturdy cardboard gift envelope
- **Eco-friendly:** printed with plant-based inks on sustainable (FSC) paper and comes with plastic-free packaging – no shrink wrap!

New and improved design for 2026!

Callum Potter is a former President of the British Astronomical Association (BAA), and current Director of the BAA Deep Sky Section. He writes for *Astronomy Now* magazine and the *BAA Journal*. He lives in Orkney, Scotland.



'A very good, very useful Almanac.'

– SIR PATRICK MOORE

'A Christmas gift for anyone with the slightest interest in what is going on "up there".'

– THE OBSERVATORY MAGAZINE

Subject: Astronomy  
(Thema: WNX/PGT/GBCY)

978-178250-945-5

colour illustrations

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28pp

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15 May 2025



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